COURSE TITLE:

Having a Growth Mindset

Ready to ditch the culture of perfectionism and view every challenge or setback as a learning opportunity? Learn how to lean into curiosity and disrupt rigid thinking so you can fast track growth



DESCRIPTION

In the era of Google and AI, not having all of the answers immediately at the ready can feel like a setback. Often, these setbacks, challenges, and mistakes can make us feel overwhelmed, yet these are the perfect opportunities to develop our growth and resilience muscles. Ready to flex? Learn powerful tactics to push back against the systems that keep you constrained and extend your influence across your team. This workshop will help you shift from an approach of perfectionism and fear to brave experimentation and curiosity as you learn how to get energized by change and motivated by challenges.

🕦 90 MINUTES | VIRTUAL OR LIVE

OBJECTIVES



Learn to identify a fixed versus growth mindset and when to use each



Build techniques to shift into a growth mindset, and foster it in others

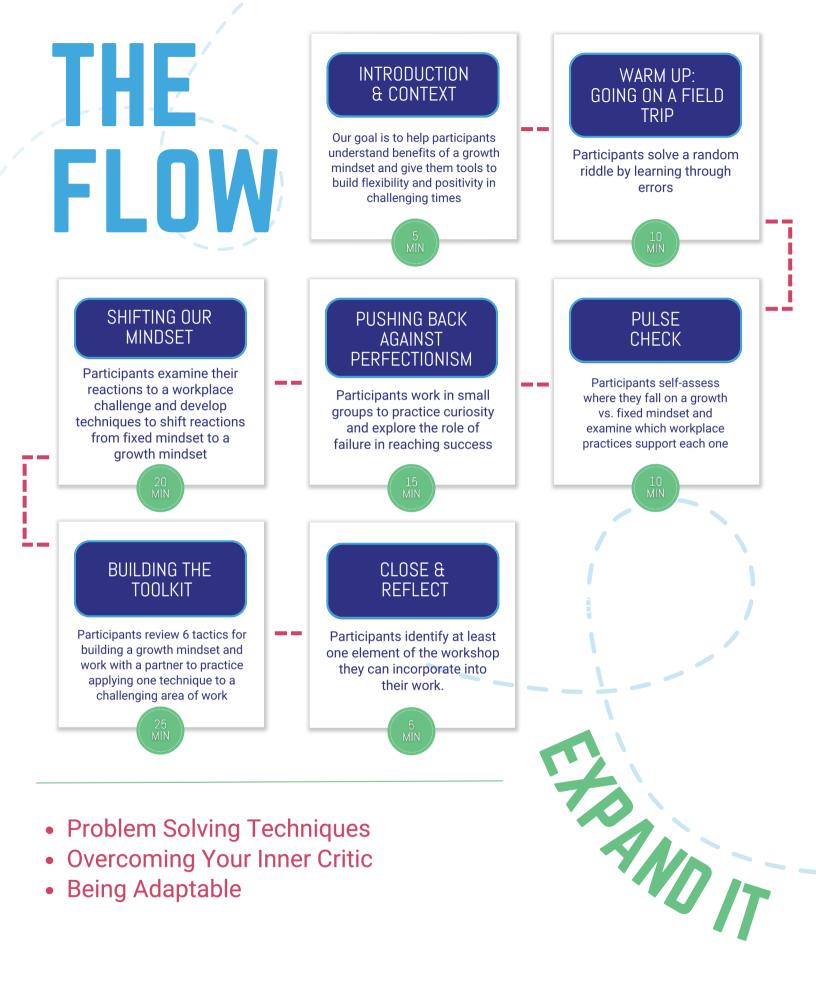


Employ strategies to disrupt systemic rigidity and become a more flexible and resilient problem solver



Approach missteps with a learning mindset to move toward high performance





🕉 Fairplay